

San Diego County Commission on Children, Youth and Families presents

Positive Parenting

in a Negative World



6TH ANNUAL PARENTING CONFERENCE

Saturday, April 21, 2007
7:30 a.m. - 1:00 p.m.

All parents and caregivers of children welcome!



Positive Parenting

in a Negative World

Parenting can be overwhelming in the best of times. And these days, it can be really tough out there. This one-day event can change your point of view, and give you valuable techniques to make parenting not only seem doable, but enjoyable.

Agenda and Speakers

7:30 - 8:30 a.m. Registration, exhibits, continental breakfast

8:30 - 8:45 a.m. Welcome

8:45 - 9:30 a.m. **Raising Caring and Compassionate Children: Practical Views and Proven Strategies**

Some say parenting is the most difficult and challenging job a person can have. It doesn't need to be if you know what to do.

Stephen Bavolek, PhD, President of Family Development Resources, Inc.; Executive Director, The Family Nurturing Centers

9:30 - 10:15 a.m. **Promoting a Child's Well-Being: A Look at how Love and Emotional Connection Build Healthy Brains**

Recent discoveries about the brain show a strong connection between caring relationships and brain development. Find out the simple things you can do to give your child a positive sense of well-being.

Joan Rosenberg, PhD, Director of Professional Training, Mindsight Institute

10:15 - 10:45 a.m. Break

10:45 - 12:15 p.m. **Lessons from Jonesboro, Littleton, and Vietnam: How Kids are Learning to Kill and Learning to Like It**

Colonel Grossman will speak on the impact that constant aggression is having on your children's everyday lives. TV and movie violence, and violent video games actually are training your kids in the skill of killing.

Lt. Colonel Dave Grossman, U.S. Army (Ret.); West Point Psychology Professor; Director, Killology Research Group

12:15 - 1:00 p.m. Closing, exhibits, door-prize drawing

Sponsor

San Diego County Commission on Children, Youth and Families

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Join us! **Saturday, April 21, 2007**
7:30 a.m. - 1:00 p.m.

Ray & Joan Kroc Corps Community Center - Theater
6845 University Avenue, San Diego, CA 92115

Register Today—Seating Is Limited

Registration Deadline: Wednesday, April 11, 2007

Registration Fee: \$10 per person

(includes continental breakfast and door-prize entry)

Make checks/money orders payable to: County of San Diego HHS

Mail completed form and payment to:

Parenting Conference

9440-A Ruffin Court, Room 11, San Diego, CA 92123

For questions, please call **858 514-4660**

REGISTRATION FORM Please fill out a separate registration form for each attendee (copy as needed). You will receive a confirmation by mail after registration has closed.

Attendance is limited to adults only; childcare facilities are not available.

Name _____

Address _____

City _____ State _____ Zip _____

Daytime Phone _____

If you would like Spanish interpretation/translation and handouts check here

Make your reservation today!